

We're really excited to announce you crossing the finish line! We'd like you to provide us with some information to make your day more personal. As you cross the recognition mat just out from the finish line, we'd like to announce your arrival, if possible.

So do us a favor, take a minute or two, and answer a few questions.

We won't have time to add your bio come race weekend, so please complete the following bio questions now and email them to [redmanbio@cox.net](mailto:redmanbio@cox.net).

If we can manage it, we'll let everyone know what a special day it is for you, your family and friends as you cross that line!

Thanks!

Jeffrey and Jennifer Kragh  
Redman PA Announcers

### **Athlete Bio/Questions**

- Name and bib number (if you have it yet):
- If you have a difficult name, please also spell phonetically to help with pronunciation:
- Age:
- Hometown:
- Profession:
- Will you have family and or friends at the event cheering you on? Who? Parents, spouses, kids, friends, etc.?
- What Event (Full, Half or Aquabike) are you doing? – Team or Individual? If team, what leg are you doing?
- Is this your first Aquabike, Half Iron or Full Iron distance event? If not, how many have you done?
- Have you done the Redman in the past? What year(s) and what event(s)?
- What other Aquabike, Iron Distance or Half Iron Distance Events have you done?
- What is your biggest accomplishment in and/or out of triathlon you might want people to know?
- Anything else you'd like people to know about you: